

Who goes to a munch?

The people you can expect to meet at a munch all have some interest in BDSM.

They are typically people from all walks of life, from students studying at university, to business and professional people.

How should I behave?

A munch is not a formal event and there is no requirement to act in any particular way other than how you would normally when meeting with friends.

If you are a submissive then you are under no obligation to address any one with titles, whether they be Dominant or submissive.

If you are a Dominant, please do not expect such titles from other munch goers. You are likely to be offended when they refuse.

You may, however, have the opportunity to observe some couples interacting in a D/s manner. This is usually very discrete and will often be missed by general onlookers.

Regional Contact for Local Munches

An up to date list of the many New Zealand BDSM groups can be found online at [BDSM.GEN.NZ](http://BDSM.GEN.NZ)

[www.bdsm.gen.nz](http://www.bdsm.gen.nz)

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## What is a Munch?

A BDSM information guide.

Whisper Enterprises

Originally published by  
Whisper Enterprises

[www.whisper.co.nz](http://www.whisper.co.nz)

● A free for distribution brochure.

# What is a munch?

A munch is a way for people of like mind to get together and meet each other in a friendly, non-play, non-threatening environment.

The intent of a munch is to provide a friendly environment for BDSMers to get together and socialise. Beyond that, there is usually no agenda, and newcomers are welcome.

It gives the attendees a chance to meet and greet others in the scene, to renew or begin friendships, to hear about things happening locally. The munch is also a stepping stone to other organised events.

There's no entrance fee for a munch, you just pay for what you eat and drink.

Where are they held?

Usually the Munch occurs in a "safe" public place such as a restaurant or coffee shop. Newcomers can mingle casually, and just listen to the conversation without feeling any pressure.

Munches are intended to be relaxed and friendly. They are not a dating service, nor are they a singles club.

You should never feel pressured to explain yourself or provide personal information to anyone at a munch, nor should you expect folks at a munch to provide such information to you, though most people are happy to share what they know when approached in a friendly fashion.

Munches are fine places to make social connections in the BDSM scene, and can be good ways to learn about the scene and begin an education of what the scene is about.

What should I wear to a munch?

Casual dress is the order of the day. A munch is not a dress up occasion, look on it as a night out with friends and dress accordingly.

A munch is not an appropriate place to wear fetish clothing. The groups usually provide many other opportunities to dress up in fetish wear. By attending the munches you are more likely to learn of any other local events.

What about privacy?

It is up to you how much personal information you give about yourself, most people in the munch groups are discrete. However it is usually held at a public place where you could be seen. If you don't want to be known to associate with a BDSM group then that is a risk you will have to take if you attend a munch.

